Executive Diploma Program in Spiritually Informed Social Work Practice



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The Spiritually Informed Social Worker

The School of Executive Diploma Programs

The **CAPSTONE** Executive Diploma Program in Spiritually Informed Social

Work Practice is designed to integrate the spiritual dimension into the foundational bio-psycho-social model of social work, acknowledging the importance of spirituality in holistic care. Recognizing that social workers are often familiar with the need for a comprehensive approach to practice, this program aims to equip them with the skills to incorporate spiritual care effectively. The course series delves into several key areas: recognizing the social worker's own spirituality, conducting spiritual assessments, distinguishing between spirituality and religiosity, understanding concepts of sacredness and divine connection, expanding theological knowledge to better appreciate diverse perspectives, addressing spiritual distress, and navigating the impact of toxic beliefs while enhancing coping skills. This program is ideal for social work practitioners seeking to deepen their competency in providing spiritually informed care, enhancing their ability to support clients' well-being across all dimensions of their lives.

SPIRITUALLY INFORMED SOCIAL WORKER | 12 Credits

4 Required Courses | 0 Electives | 0 Units of CPE | 1 Final Paper

COST

Course #	Requirements	Credits	Price
	FEES		
	CAPSTONE Application Fee		\$75
	CAPSTONE Enrollment Fee		\$75
	CAPSTONE Administrative Fee		\$75
	CAPSTONE Technology		\$275
	4 REQUIRED		
CP420	Fundamentals Human Interaction Process & Theory	3C x \$150 =	\$450
CP422	Spiritual & Pastoral Counseling for Individuals	3C x \$150 =	\$450
CP423	Premarital & Family Counseling	3C x \$150 =	\$450
CP425	Spiritual Assessment and Evaluation	3C x \$150 =	\$450
	TOTAL	12 C	\$2,300





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COURSE DESCRIPTIONS

CP420 Fundamentals in Human Interaction Process and Theory 3 credits

(No prerequisite required)

Description: This course focuses on the application of the theoretical concepts and process of Virginia Satir, a pioneer in the field of psychotherapy. Satir's concepts that will be covered include viewing families and individuals from a systemic lens; honoring the importance of the spiritual dimension; having a growth mindset; understanding common coping patterns and what drives them; the relationship between congruence and self-esteem; understanding the universal process of change and the use of Self in helping relationships. Satir's process will be introduced in six phases: making contact, validating, facilitating awareness, promoting acceptance, making changes, and reinforcing changes.

CP422 Spiritual and Pastoral Counseling for Individuals

3 credits

(No prerequisite required)

Description: This course explores the basic dynamics of interpersonal relationships and the characteristics and behaviors that influence the counseling process. Students will learn to employ essential interviewing, counseling, and case conceptualization skills.

CP423 Premarital and Family Counseling from a Spiritual Perspective

3 credits

(No prerequisite required)

Description: This course identifies common marital and family dynamics. Attention is placed on the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others. Students learn strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination.

CP425 Spiritual Assessment and Evaluation

3 credits

(No prerequisite required)

Description: This course describes the major categories of psychopathology and identify common differentiating features of abnormal psychological functioning.



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COURSE DESCRIPTIONS - CONTINUED

CP425 Spiritual Assessment and Evaluation

3 credits

(No prerequisite required)

Description: This course describes the major categories of psychopathology and identify common differentiating features of abnormal psychological functioning.

Executive Diploma Programs

Executive Diplomas for Spiritual Care Professionals

Executive Diploma in	Adult Education and Learning	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Coaching	(12 credits)	(\$2,300)
Executive Diploma in	Spiritually Integrated Psychotherapy	(12 credits)	(\$2,300)
Executive Diploma in	Hospice & Palliative Care Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Military Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Pediatric Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Care Nursing	(12 credits)	(\$2,300)
Executive Diploma in	Psychospiritual Transformational Change:		
	The Satir Model	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Care	(12 credits)	(\$2,300)
Executive Diploma in	Clinical Pastoral Education:		
	Supervisor Education Fellow	(12 credits)	(\$2,300)
Executive Diploma in	Spiritually Informed:		
	Social Work Practice	(12 credits)	(\$2,300)
Executive Diploma in	Thanatology: The Study of Death	(12 credits)	(\$2,300)
Executive Diploma in	Health Care Ethicist Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Worship Leadership	(12 credits)	(\$2,300)





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FIND MORE INFORMATION

For additional questions please contact our office at (253)442-6850 or email us at info@CAPSTONEuniversity.org

Developing the Next Generation of CPE Supervisors & Spiritual Care Professionals

CAPSTONE FAST FACT – Degrees. Units. Programs

CAPSTONE University provides education for professional learners at every level:

Doctoral Degrees: Five doctoral degrees designed for the working professional wanting to capitalize on their helping skill-set.

Master Degrees: Five masters degrees designed for the student wanting to focus their learning in a specific helping field.

Executive Diploma Programs: Fourteen executive diplomas furthering the education of experienced professionals that aim to polish and refine their skill-set in the helping industries. **Professional Specialty Certificate Programs:** Eleven online certificate programs to help you become a specialist in an essential specific area within the professional helping industry. **Clinical Pastoral Education Units:** Provided by the **Graduate Academy of CPE Supervision**. **CPE Supervisor Education Fellow Units:** Developing future CPE Supervisors / Educators

Professional Specialty Certificate Programs

Professional Specialty Certificates for Spiritual Care Professionals

Professional Specialty Certificate in
Professional Specialty Certificate in

Professional Specialty Certificate in Professional Specialty Certificate in



Alcohol & Recovery Chaplaincy	(4 credits)	(\$750)
First Responder Chaplaincy	(4 credits)	(\$750)
Geriatric and Elder Care	(4 credits)	(\$750)
Hospice Chaplaincy	(4 credits)	(\$750)
Managing the		
Spiritual Care Department	(4 credits)	(\$750)
Palliative Care Chaplaincy	(4 credits)	(\$750)
Pediatric Chaplaincy	(4 credits)	(\$750)
Spiritual Care Nursing	(4 credits)	(\$750)
Spiritual Care Chaplaincy	(4 credits)	(\$750)
Spiritually Informed Social Work	(4 credits)	(\$750)
Trauma Informed Chaplaincy	(4 credits)	(\$750)



