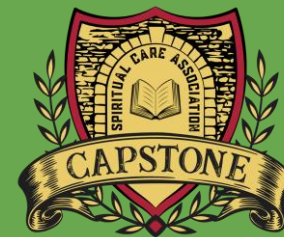


Executive Diploma Program in Psychospiritual Transformational Change



www.CAPSTONEUniversity.org

The Satir Model

The School of Executive Diploma Programs

The **CAPSTONE Executive Diploma Program in Psychospiritual Transformational Change**, is built upon the foundational principles of **The Satir Model**. It guides students through an immersive exploration of transformative change within individuals and family systems, enriched by a profound spiritual perspective. Tailored for driven individuals who value the intricate relationship between personal psychology, familial relationships, and the spiritual forces that unite us, this program melds Virginia Satir's groundbreaking family therapy approaches with spiritual insights to offer a holistic toolkit for those in the helping professions. Sharon Loeschen, a protégé of Virginia Satir, accomplished author on the Satir Process of Change Model, and a seasoned social worker with three decades of experience in family systems, develops the coursework. Participants will achieve deep understanding and skills in facilitating psychospiritual transformation, making this certification a gateway to mastering the art of human connection and change, in line with Satir's enduring legacy. Ideal for anyone seeking profound professional and personal development, this diploma paves the way for a journey of meaningful transformation.

PSYCHOSPIRITUAL TRANSFORMATIONAL CHANGE | 12 Credits

4 Required Courses | 0 Electives | 0 Units of CPE | 1 Final Paper

Course #	Requirements	Credits	Price
FEES			
	CAPSTONE Application Fee		\$75
	CAPSTONE Enrollment Fee		\$75
	CAPSTONE Administrative Fee		\$75
	CAPSTONE Technology		\$275
4 REQUIRED			
CP420	Fundamentals: Human Interaction Process & Theory	3C x \$150 =	\$450
CP430	Applying the Satir Theory and Process	3C x \$150 =	\$450
CP440	Deepening Understanding of Satir Concepts	3C x \$150 =	\$450
SC446	Trauma Informed Care	3C x \$150 =	\$450
	TOTAL	12 C	\$2,300





The Satir Model

COURSE DESCRIPTIONS

CP420 **Satir Family Systems: Fundamentals in
Human Interaction Process and Theory** **3 credits**

(No prerequisite required)

Description: This course focuses on the application of the theoretical concepts and process of Virginia Satir, a pioneer in the field of psychotherapy. Satir's concepts that will be covered include viewing families and individuals from a systemic lens; honoring the importance of the spiritual dimension; having a growth mindset; understanding common coping patterns and what drives them; the relationship between congruence and self-esteem; understanding the universal process of change and the use of Self in helping relationships. Satir's process will be introduced in six phases: making contact, validating, facilitating awareness, promoting acceptance, making changes, and reinforcing changes.

CP430 **Satir Family Systems: Applying Satir Theory and
Process to Oneself and Others** **3 Credits**

(Prerequisite IS Required – CP420)

Description: This course supports students as they continue to apply the Satir theory and process. This will include increasing skills to: monitor and modify inner worlds; use inner resources more fully; and apply the six phases and corresponding skills of the Satir Process to helping others.

CP440 **Satir Family Systems: Applying Satir Theory and
Process to Oneself and Others** **3 credits**

(Prerequisite IS Required – CP430)

Description: This course focuses on the application of the theoretical concepts and process of Virginia Satir, a pioneer in the field of psychotherapy. Satir's concepts that will be covered include: viewing families and individuals from a systemic lens; honoring the importance of the spiritual dimension; having a growth mindset; understanding common coping patterns and what drives them; the relationship between congruence and self-esteem; understanding the universal process of change and the use of Self in helping relationships. Satir's process will be introduced in six phases: making contact, validating, facilitating awareness, promoting acceptance, making changes, and reinforcing changes.



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COURSE DESCRIPTIONS

SC446 Trauma Informed Care **3 credits**

(No prerequisite required)

Description: This course offers students a greater understanding of the definition of trauma, types of trauma, and its effects on behavior. Special emphasis is placed on screening for trauma, trauma-based suicide prevention, and trauma-informed systems and organizations.

Executive Diploma Programs

Executive Diplomas for Spiritual Care Professionals

Executive Diploma in	Adult Education and Learning	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Coaching	(12 credits)	(\$2,300)
Executive Diploma in	Spiritually Integrated Psychotherapy	(12 credits)	(\$2,300)
Executive Diploma in	Hospice & Palliative Care Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Military Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Pediatric Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Care Nursing	(12 credits)	(\$2,300)
Executive Diploma in	Psychospiritual Transformational Change: The Satir Model	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Care	(12 credits)	(\$2,300)
Executive Diploma in	Clinical Pastoral Education: Supervisor Education Fellow	(12 credits)	(\$2,300)
Executive Diploma in	Spiritually Informed: Social Work Practice	(12 credits)	(\$2,300)
Executive Diploma in	Thanatology: The Study of Death	(12 credits)	(\$2,300)
Executive Diploma in	Health Care Ethicist Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Worship Leadership	(12 credits)	(\$2,300)





The Satir Model

FIND MORE INFORMATION

For additional questions please contact our office at (253)442-6850 or email us at info@CAPSTONEuniversity.org

Developing the Next Generation of CPE Supervisors & Spiritual Care Professionals

CAPSTONE FAST FACT – Degrees. Units. Programs

CAPSTONE University provides education for professional learners at every level:

Doctoral Degrees: Five doctoral degrees designed for the working professional wanting to capitalize on their helping skill-set.

Master Degrees: Five masters degrees designed for the student wanting to focus their learning in a specific helping field.

Executive Diploma Programs: Fourteen executive diplomas furthering the education of experienced professionals that aim to polish and refine their skill-set in the helping industries.

Professional Specialty Certificate Programs: Eleven online certificate programs to help you become a specialist in an essential specific area within the professional helping industry.

Clinical Pastoral Education Units: Provided by the **Graduate Academy of CPE Supervision.**

CPE Supervisor Education Fellow Units: Developing future CPE Supervisors / Educators

Professional Specialty Certificate Programs

Professional Specialty Certificates for Spiritual Care Professionals

Professional Specialty Certificate in	Alcohol & Recovery Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	First Responder Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Geriatric and Elder Care	(4 credits)	(\$750)
Professional Specialty Certificate in	Hospice Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Managing the		
	Spiritual Care Department	(4 credits)	(\$750)
Professional Specialty Certificate in	Palliative Care Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Pediatric Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Spiritual Care Nursing	(4 credits)	(\$750)
Professional Specialty Certificate in	Spiritual Care Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Spiritually Informed Social Work	(4 credits)	(\$750)
Professional Specialty Certificate in	Trauma Informed Chaplaincy	(4 credits)	(\$750)

