

Executive Diploma Program in Spiritual Coaching



www.CAPSTONEUniversity.org

The Spiritual Coach

The School of Executive Diploma Programs

The **CAPSTONE Executive Diploma Program in Spiritual Coaching** offers an immersive and comprehensive training for individuals aspiring to become spiritual coaches, guiding others on their journey to deeper self-awareness, connection, and fulfillment. Unlike traditional coaching methods that might focus primarily on addressing problems, spiritual coaching emphasizes a holistic and client-centered approach, fostering healing and empowerment. This program clearly defines the discipline of spiritual coaching, demonstrating how it facilitates positive change and progression for clients across diverse spiritual beliefs and practices. It covers essential skills and frameworks within the coaching field, focusing on helping clients align with their true selves and the divine. The curriculum is designed to embrace interfaith, multifaith, and unconventional spiritual paths, equipping future spiritual coaches with the ability to meet clients wherever they are in their spiritual journey. Graduates of this program will possess the tools and techniques needed to support clients in achieving transformational shifts, making a meaningful impact in their lives.

SPIRITUAL COACH | 12 Credits

4 Required Courses | 0 Electives | 0 Units of CPE | 1 Final Paper

COST

Course #	Requirements	Credits	Price
FEES			
	CAPSTONE Application Fee		\$75
	CAPSTONE Enrollment Fee		\$75
	CAPSTONE Administrative Fee		\$75
	CAPSTONE Technology		\$275
4 REQUIRED			
CO321	Foundations in Spiritual Coaching	3C x \$150 =	\$450
CO322	Tools of Spiritual Coaching	3C x \$150 =	\$450
CO323	The Business of Coaching / Ethics	3C x \$150 =	\$450
SC446	Trauma Informed Care	3C x \$150 =	\$450
	TOTAL	12 C	\$2,300





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COURSE DESCRIPTIONS

CO321 **Foundations in Spiritual Coaching** **3 credits**

(No prerequisite required)

Description: This course will define coaching and delineate the difference between spiritual coaching, pastoral counseling, and spiritual direction. Major coach theories and techniques will be reviewed such as the Transtheoretical Model (Stages of Change), Cognitive Behavioral Coaching, Motivational Interviewing/Powerful Questioning, and Positive Psychology, all viewed through a psychospiritual lens.

CO322 **Tools of Spiritual Coaching** **3 credits**

(No prerequisite required)

Description: This course offers an array of spiritual coaching tools such as faith approaches and divination tools including oracle cards, crystals, and essential oils. Students will learn about the Chakra System and corresponding affirmations. The use of intuition and the Clair Senses will be discussed. Contemplative writing will be explored and suggestions for experiential use of the tools will be offered. Students will be encouraged to engage in experiential self-exploration.

CO323 **The Business of Coaching/Ethics** **3 credits**

(No prerequisite required)

Description: This course pulls together the coaching scope of practice with a deeper look into coaching ethics. Topics such as fee-setting, pro-bono and sliding scale, online delivery of coach services, and niche development will be discussed. We will turn a spiritual eye toward marketing, branding, and social media as business-building tools.





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COURSE DESCRIPTIONS

SC446 Trauma Informed Care

3 credits

(No prerequisite required)

Description: This course offers students a greater understanding of the definition of trauma, types of trauma, and its effects on behavior. Special emphasis is placed on screening for trauma, trauma-based suicide prevention, and trauma-informed systems and organizations.

Executive Diploma Programs

Executive Diplomas for Spiritual Care Professionals

Executive Diploma in	Adult Education and Learning	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Coaching	(12 credits)	(\$2,300)
Executive Diploma in	Spiritually Integrated Psychotherapy	(12 credits)	(\$2,300)
Executive Diploma in	Hospice & Palliative Care Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Military Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Pediatric Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Care Nursing	(12 credits)	(\$2,300)
Executive Diploma in	Psychospiritual Transformational Change: The Satir Model	(12 credits)	(\$2,300)
Executive Diploma in	Spiritual Care	(12 credits)	(\$2,300)
Executive Diploma in	Clinical Pastoral Education: Supervisor Education Fellow	(12 credits)	(\$2,300)
Executive Diploma in	Spiritually Informed: Social Work Practice	(12 credits)	(\$2,300)
Executive Diploma in	Thanatology: The Study of Death	(12 credits)	(\$2,300)
Executive Diploma in	Health Care Ethicist Chaplaincy	(12 credits)	(\$2,300)
Executive Diploma in	Worship Leadership	(12 credits)	(\$2,300)





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FIND MORE INFORMATION

For additional questions please contact our office at (253)442-6850 or email us at info@CAPSTONEuniversity.org

Developing the Next Generation of CPE Supervisors & Spiritual Care Professionals

CAPSTONE FAST FACT – Degrees. Units. Programs

CAPSTONE University provides education for professional learners at every level:

Doctoral Degrees: Five doctoral degrees designed for the working professional wanting to capitalize on their helping skill-set.

Master Degrees: Five masters degrees designed for the student wanting to focus their learning in a specific helping field.

Executive Diploma Programs: Fourteen executive diplomas furthering the education of experienced professionals that aim to polish and refine their skill-set in the helping industries.

Professional Specialty Certificate Programs: Eleven online certificate programs to help you become a specialist in an essential specific area within the professional helping industry.

Clinical Pastoral Education Units: Provided by the **Graduate Academy of CPE Supervision**.

CPE Supervisor Education Fellow Units: Developing future CPE Supervisors / Educators

Professional Specialty Certificate Programs

Professional Specialty Certificates for Spiritual Care Professionals

Professional Specialty Certificate in	Alcohol & Recovery Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	First Responder Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Geriatric and Elder Care	(4 credits)	(\$750)
Professional Specialty Certificate in	Hospice Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Managing the		
	Spiritual Care Department	(4 credits)	(\$750)
Professional Specialty Certificate in	Palliative Care Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Pediatric Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Spiritual Care Nursing	(4 credits)	(\$750)
Professional Specialty Certificate in	Spiritual Care Chaplaincy	(4 credits)	(\$750)
Professional Specialty Certificate in	Spiritually Informed Social Work	(4 credits)	(\$750)
Professional Specialty Certificate in	Trauma Informed Chaplaincy	(4 credits)	(\$750)

