

Master of Theology Degree in Spiritual Care Nursing



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The M.TH. In SN

The School of Spiritual Care Nursing

The **CAPSTONE Master of Theology in Degree Spiritual Care Nursing** is a collaboration of leading experts in nursing and spiritual care, including the Westberg Institute for Faith Community Nursing. This program is tailored for individuals interested in parish nursing or interfaith nursing, providing a rich and comprehensive exploration of spiritual care from a nursing perspective. It aims to equip nurses with the theological foundation and practical skills necessary to integrate spiritual care into their nursing practice, enhancing their ability to support the holistic well-being of their patients across diverse religious and spiritual backgrounds.

8 Required Courses | 1 Electives | 2 Units of CPE | 1 Thesis

Within the M.TH. In SN you will engage with:

REQUIRED COURSES

There is a set number of Required Courses. The required courses titles, and descriptions follow.

ELECTIVE COURSES

Electives, when included in the requirements for an academic Degree, may include any 300-Level courses from Chaplaincy, Spiritual Care, Spiritual Direction, Clinical Pastoral Psychotherapy, or Thanatology.

UNITS of CPE

Some of the students will already have taken 1, 2, 3, or 4 units of CPE elsewhere, and that is ok. Those units you have taken elsewhere, upon approval, will count towards your academic Degree. If you are still in need of 1, 2, 3, or 4 units of CPE in order for you to obtain the required 4 for the Doctorate, or 2 for the Master, we utilize the Graduate Academy of CPE Supervision (GACS).

GACS CPE

A bold statement indeed, however, we see our **Graduate Academy of CPE Supervision** as the only existing CPE program in the world that utilizes ALL of the areas emphasized in the Education / Teaching / Supervision of Clinical Pastoral Education & Training (CPE) including: Formation of the Chaplain/Pastor/Spiritual Care Provider, SCA's 19 Quality Indicators, Skills & Abilities from the Field, Psychodynamic Psychotherapeutic Chaplaincy, Character First, Family Systems, Existential/Theological/Philosophical Reflection, Bio-Psycho-Socio-Spiritual (Holistic) Chaplaincy, Interfaith Multifaith Chaplaincy, and What it means to be a Spiritually Literate Chaplain. From Anton Theophilus Boisen & Richard Clarke Cabot (1923) to Best Practices (2024) with an emphasis in Spiritually Integrated Chaplain Functioning.





M.TH. in SN | 45 Credits

8 Required Courses | 1 Electives | 2 Units of CPE | 1 Thesis

The **CAPSTONE Master of Theology Degree in Spiritual Care Nursing** is the result of a partnership with experts in the fields of nursing and spiritual care – including the **Westberg Institute for Faith Community Nursing** – to offer those who are interested in parish nursing, or interfaith nursing, a rich and in-depth degree in the art of spiritual care from a nursing vantage point.

The M.TH. in SN Degree Learning Outcomes:

The student will demonstrate knowledge, skills, and dispositions associated with:

- Assess the current state of knowledge within spiritual care nursing.
- Develop expertise in spiritual assessment and spiritual care using a multifaith perspective
- Learn about and use research methods.
- Advocate for changes that support clients, organizations, and the community through a research project. This project enables you to focus on an everyday problem or unmet need and develop a plan for remediating the issue.
- Expand the body of knowledge within spiritual care nursing through their research findings.
- Conduct effective analyses of spiritual care nursing processes and policies.
- Gain skills for designing and implementing spiritual care within nursing departments.

Students will participate in courses, assignments with deadlines, and the opportunity to learn with likeminded professionals. The Degree ends with the student writing a **Thesis** that identifies a topic within **Spiritual Care Nursing**, investigates it through research, and proposes practical solutions. In addition, general suggestions are made as to how others in their field can practically use the research findings, and other problem areas may be identified for future investigation.

Master-level courses combine taught components with independent research in a student's area of expertise. Students will be challenged and encouraged to utilize specialist knowledge and advanced research skills in each course to evaluate, synthesize, and apply their learning to the field of professional **Spiritual Care Nursing**.

Prerequisite: Bachelor Degree

Course Modality: Asynchronous Online and Hybrid Practicum Clinicals





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COST

8 Required Courses | 1 Electives | 2 Units of CPE | 1 Thesis

Course #	Requirements	Credits	Price
	FEES		
	CAPSTONE Application		\$75
	CAPSTONE Enrollment		\$75
	GACS Application		\$75
	GACS Enrollment		\$75
	CAPSTONE Technology		\$275
	CAPSTONE Administrative		\$500
	CAPSTONE Graduation		\$275
	8 REQUIRED		
SN321	Foundations as a Faith Community Nurse	3C x \$275 =	\$825
SN322	Wholistic and Holistic Health	3C x \$275 =	\$825
SN323	Spiritual Care Nurse as Collaborator	3C x \$275 =	\$825
SN324	Health & Wellness: Global Community Concepts	3C x \$275 =	\$825
SN325	Transitional Care	3C x \$275 =	\$825
SN326	Advancing Spiritual Care Nursing	3C x \$275 =	\$825
SC442	Pastoral Formation	3C x \$275 =	\$825
MT321	Masters Project and Thesis Writing Course	3C x \$275 =	\$825
	1 ELECTIVE		
ELECT1	Elective ONE	3C x \$275 =	\$825
	2 UNITS		
CPE521	Unit of GACS Clinical Pastoral Education - Unit #1	6C x \$275 =	\$1,650
CPE522	Unit of GACS Clinical Pastoral Education - Unit #2	6C x \$275 =	\$1,650
	1 THESIS		
CTP333	Capstone Thesis Paper	6C x \$275 =	\$1,650
	TOTAL	45 C	\$13,725

(Books: Each course may require approximately \$150 for books.)

(Electives: Any 300 Level Course will work here including Chaplaincy, Spiritual Care, or Spiritual Direction.)

OPTIONAL ADDITIONAL CPE			
OPTION A	w/ 0 Units of CPE from GACS	45 C	TOTAL \$11,175
OPTION B	w/ 1 Unit of CPE from GACS	45 C	TOTAL \$12,523
OPTION C	w/ 2 Units of CPE from GACS	45 C	TOTAL \$13,725
OPTION D	w/ 3 Units of CPE from GACS	51 C	TOTAL \$15,375
OPTION E	w/ 4 Units of CPE from GACS	57 C	TOTAL \$17,025





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COURSE DESCRIPTIONS

SN321 **Foundations as a Faith Community Nurse** **3 credits**

(No prerequisite required)

Description: This course provides the foundational education to prepare a professional registered nurse for the role of a Faith Community Nurse who is actively licensed in a given state and who serves in the role (currently or in the future) in or with a faith community. Faith Community Nursing is the specialized practice of professional nursing focusing on the intentional care of the spirit as well as promotion of wholistic health and prevention or minimization of illness. A Faith Community Nurse is trained to work within the context of a faith community.

SN322 **Wholistic and Holistic Health** **3 credits**

(No prerequisite required)

Description: This course will examine the principles of wholistic and holistic health considering origins, definitions, significant works, and delivery of care. The wholistic approach to health will be explored through the lens of Granger Westberg in his development of clinics in faith communities. The holistic movement will be explored by looking at the Holistic Nurse specialty and alternative approaches to health care.

SN323 **Spiritual Care Nurse as Collaborator** **3 credits**

(No prerequisite required)

Description: This course provides the learner with crucial background and skills practice to better attend to those under their care's psychological needs through brief psychotherapeutic methods, psychological first aid, family systems theory, and grief counseling.

SN324 **Health & Wellness-Global Community Nursing Concepts** **3 credits**

(No prerequisite required)

Description: This course explores community health and primary, secondary, and tertiary prevention care. Disease rates and vaccinations considering the global community will be examined along with the cultural impact on health. The altruistic and economic value of prevention activities will be calculated by viewing the role of the faith community nurse.



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COURSE DESCRIPTIONS - CONTINUED

SN325 **Transitional Care** **3 credits**

(No prerequisite required)

Description: This course focuses on the exploration of the role of the faith community nurse in the provision of transitional care. Transitional care concepts that will be covered include: the altruistic and economic impact of transitional care; populations at risks for readmissions from a systemic lens; building your transitional care skill set; a wholistic approach to transitional care by honoring the spiritual dimension, faith community nursing transitional care models; the role of the faith community in transitional care - how to develop a volunteer ministry; and bringing it all together to present the case to stakeholders.

SN326 **Advancing Spiritual Care Nursing** **3 credits**

(No prerequisite required)

Description: This course examines components of spirituality and spiritual care from the perspective of the nurse in the delivery of wholistic health. The student will reflect on beliefs and integrate new knowledge regarding spirituality to translate into spiritual care delivery. The student utilizes research and evidence-based practice to fully understand spirituality care delivery and the role of other spiritual care providers.

MT321 **Master's Project and Thesis Writing** **3 credits**

(No prerequisite required)

Description: The Master's Project and Thesis Writing course aims to foster the development of the core knowledge, skills, and abilities needed to construct a thesis. In this course learners will be guided through a step-by-step process of preparing to write a thesis, writing the Introduction, Literature Review, Methods, Results, and Discussion sections of a thesis, and will also partake in giving peer feedback and editing and revising each section they have produced. Various tools will also be introduced and utilized which will aid in the entire thesis construction process. Additionally, upon completion of this course, students seeking a doctorate will have laid the foundation for their thesis.





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COURSE DESCRIPTIONS - CONTINUED

CTP333 **Capstone Thesis Paper** **6 credits**

Description: As part of their degree requirements, all SCA CAPSTONE master's students must complete a project, thesis or practicum. The master's thesis option offers graduate students the opportunity to engage in research with a faculty member. A master's thesis document presents the theoretical foundation, methodology, results, and implications of a research endeavor. A thesis project may be a clinical or non-clinical empirical study, methodological study, meta-analysis, systematic review, or a novel analysis of existing data.

CPE521	Clinical Pastoral Education	#1		6 credits
CPE522	Clinical Pastoral Education	#2		6 credits
CPE523	Clinical Pastoral Education	#3	(optional)	6 credits
CPE524	Clinical Pastoral Education	#4	(optional)	6 credits

Description: SCA CAPSTONE utilizes the Graduate Academy of CPE Supervision (GACS) for teaching Clinical Pastoral Education (CPE). CPE is the experiential component of the Doctoral programs. GACS offers updated, current, contemporary Clinical Pastoral Education and Training. CPE centers in the past have traditionally created dividing lines similar to the silos offered in the medical care industry. CPE cognate groups have fallen victim to the same type of one-upmanship as has befallen many of our religious groups and denominational subtleties today. GACS utilizes all of the major areas such as pastoral psychotherapy, spirituality, skills, formation, interfaith, and multifaith perspectives in it's search for the best way that a chaplain or spiritual care provider can offer healing to those in need and in pain. Utilizing a bio-psycho-socio-spiritual perspective the helping professional can draw from many resources in order to assist someone in their spiritual journey. GACS takes CPE back to the days of Boisen and Cabot, yet stays relevant with today's highly competitive market of quality indicators, best practices, and interfaith chaplaincy and spiritual care.





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FIND MORE INFORMATION

For additional questions please contact our office at (253)442-6850 or email us at info@CAPSTONEuniversity.org

Developing the Next Generation of CPE Supervisors & Spiritual Care Professionals

CAPSTONE FAST FACT – Degrees. Units. Programs

CAPSTONE University provides education for professional learners at every level:

Doctoral Programs: Five doctoral degrees designed for the working professional wanting to capitalize on their helping skill-set.

Master’s Programs: Five masters degrees designed for the student wanting to focus their learning in a specific helping field.

Executive Diploma Programs: Fourteen executive diplomas furthering the education of experienced professionals that aim to polish and refine their skill-set in the helping industries.

Professional Specialty Certificate Programs: Eleven online certificate programs to help you become a specialist in an essential specific area within the professional helping industry.

Clinical Pastoral Education Units: Provided by the **Graduate Academy of CPE Supervision.**

CPE Supervisor Education Fellow Units: Developing future CPE Supervisors / Educators

Doctor of Theology Degrees

D.TH. in CPP	Doctor of Theology in	Clinical Pastoral Psychotherapy	(72 credits)	(\$21,150)
D.TH. in THAN	Doctor of Theology in	Thanatology	(69 credits)	(\$20,325)
D.TH. in SD	Doctor of Theology in	Spiritual Direction	(66 credits)	(\$19,500)
D.TH. in SC	Doctor of Theology in	Spiritual Care	(63 credits)	(\$18,675)
D.TH. in CH	Doctor of Theology in	Chaplaincy	(60 credits)	(\$17,850)

Master of Theology Degrees

M.DIV. in PM	Master of Divinity in	Pastoral Ministry	(45 credits)	(\$13,725)
M.TH. in SD	Master of Theology in	Spiritual Direction	(45 credits)	(\$13,725)
M.TH. in SC	Master of Theology in	Spiritual Care	(45 credits)	(\$13,725)
M.TH. in CH	Master of Theology in	Chaplaincy	(45 credits)	(\$13,725)
M.TH. in SCN	Master of Theology in	Spiritual Care Nursing	(45 credits)	(\$13,725)

