



# Doctor of Theology Degree in Clinical Pastoral Psychotherapy

## The Spiritually Integrated Psychotherapist

### The School of Psychospirituality

The **CAPSTONE Doctor of Theology Degree in Clinical Pastoral Psychotherapy** is designed to enable professional caregivers to broaden their educational scope to address individuals' spiritual needs effectively. The curriculum is tailored for those wanting to specialize in (a) **Spiritually Integrated Psychotherapy**. It encompasses key areas such as: (b) **Pastoral Counseling** that draws on multi-faith sacred texts, (c) **Psychodynamic Psychotherapy** which is a psychotherapeutic approach focusing on an individual's spiritual beliefs, religious practice, and how their experiences impact their psychological life. This approach ensures that students are well-equipped to provide comprehensive care that includes spiritual support.

**9 Required Courses | 2 Electives | 4 Units of CPE | 1 Dissertation**

### Within the D.TH. In CPP you will engage with:

#### REQUIRED COURSES

There is a set number of Required Courses. The required courses titles, and descriptions follow.

#### ELECTIVE COURSES

Electives, when included in the requirements for an academic Degree, may include any 400-Level courses from Chaplaincy, Spiritual Care, Spiritual Direction, Clinical Pastoral Psychotherapy, or Thanatology.

#### UNITS of CPE

Some of the students will already have taken 1, 2, 3, or 4 units of CPE elsewhere, and that is ok. Those units you have taken elsewhere, upon approval, will count towards your academic Degree. If you are still in need of 1, 2, 3, or 4 units of CPE in order for you to obtain the required 4 for the Doctorate, or 2 for the Master, we utilize the Graduate Academy of CPE Supervision (GACS).

#### GACS CPE

A bold statement indeed, however, we see our **Graduate Academy of CPE Supervision** as the only existing CPE program in the world that utilizes ALL of the areas emphasized in the Education / Teaching / Supervision of Clinical Pastoral Education & Training (CPE) including: Formation of the Chaplain/Pastor/Spiritual Care Provider, SCA's 19 Quality Indicators, Skills & Abilities from the Field, Psychodynamic Psychotherapeutic Chaplaincy, Character First, Family Systems, Existential/Theological/Philosophical Reflection, Bio-Psycho-Socio-Spiritual (Holistic) Chaplaincy, Interfaith Multifaith Chaplaincy, and What it means to be a Spiritually Literate Chaplain. From Anton Theophilus Boisen & Richard Clarke Cabot (1923) to Best Practices (2024) with an emphasis in Spiritually Integrated Chaplain Functioning.





## D.TH. In CPP | 72 Credits

9 Required Courses | 2 Electives | 4 Units of CPE | 1 Dissertation

The **CAPSTONE Doctor of Theology Degree in Clinical Pastoral Psychotherapy** is a professional doctorate for experienced professionals who want to translate their expertise into a higher position of credibility, leadership, and influence within the profession.

The **D.TH. In Clinical Pastoral Psychotherapy Degree** combines taught components with independent research in a student's area of expertise. This is achieved by advanced research skills and specialist knowledge in their area of expertise, so they have not only the ability, but also the confidence, to facilitate change. The fundamental difference between a Ph.D. and a professional doctorate is that while PhDs teach students how to conduct research to create new knowledge that improves the understanding of a field, a professional doctorate teaches a student how to evaluate, synthesize and apply existing knowledge in novel ways to a field.

### **The D.TH. In CPP Learning Outcomes:**

Students will demonstrate knowledge, skills and dispositions associated with:

- Assessing the current state of knowledge within professional Clinical Pastoral Psychotherapy
- Learn about and use research methods.
- Advocate for changes that support clients, organizations, and community through an action research project. This project enables you to focus on an everyday problem or unmet need and develop a plan for remediating the issue.
- Expanding the body of knowledge within professional Clinical Pastoral Psychotherapy through their research findings.
- Gain skills for designing and implementing programs within chaplaincy departments.

Students will participate in courses, assignments with deadlines, and the opportunity to learn with likeminded professionals. The Degree ends with the student writing a **Dissertation** that identifies a topic within **Clinical Pastoral Psychotherapy**, investigates it through research, and proposes practical solutions. In addition, general suggestions are made as to how others in their field can practically use the research findings, and other problem areas may be identified for future investigation.

Doctorate-level courses combine taught components with independent research in a student's area of expertise. Students will be challenged and encouraged to utilize specialist knowledge and advanced research skills in each course to evaluate, synthesize, and apply their learning to the field of professional **Clinical Pastoral Psychotherapy**.

**Prerequisite:** Master Degree

**Course Modality:** Asynchronous Online and Hybrid Practicum Clinicals





## D.TH. In CPP | 72 Credits

9 Required Courses | 2 Electives | 4 Units of CPE | 1 Dissertation

### COST

Course #	Requirements	Credits	Price
<b>FEES</b>			
	CAPSTONE Application		\$75
	CAPSTONE Enrollment		\$75
	GACS Application		\$75
	GACS Enrollment		\$75
	CAPSTONE Technology		\$275
	CAPSTONE Administrative		\$500
	CAPSTONE Graduation		\$275
<b>9 REQUIRED</b>			
CP421	Human Spirituality & Development	3C x \$275 =	\$825
CP422	Pastoral Counseling for Individuals	3C x \$275 =	\$825
CP423	Premarital and Family Counseling a Spiritual Perspective	3C x \$275 =	\$825
CP424	Spiritual Small Groups	3C x \$275 =	\$825
CP425	Spiritual Assessment and Evaluation	3C x \$275 =	\$825
CP426	Spirituality and Mental Illness	3C x \$275 =	\$825
CP427	Spiritual Competencies in Practice: Research and Evaluation	3C x \$275 =	\$825
CP428	Spirituality and Care Ethics	3C x \$275 =	\$825
DD422	Doctoral Project and Dissertation Writing Course	3C x \$275 =	\$825
<b>2 ELECTIVES</b>			
ELECT1	Elective ONE	3C x \$275 =	\$825
ELECT2	Elective TWO	3C x \$275 =	\$825
<b>4 CPE UNITS</b>			
CPE521	Unit 1 of GACS Clinical Pastoral Education	6C x \$275 =	\$1,650
CPE522	Unit 2 of GACS Clinical Pastoral Education	6C x \$275 =	\$1,650
CPE523	Unit 3 of GACS Clinical Pastoral Education	6C x \$275 =	\$1,650
CPE524	Unit 4 of GACS Clinical Pastoral Education	6C x \$275 =	\$1,650
<b>1 DISSERTATION</b>			
CDP444	Capstone Dissertation Paper	15C x \$275 =	\$4,125
	<b>TOTAL</b>	<b>72C</b>	<b>\$21,150</b>

(Books: Each course may require approximately \$150 for books.)

(Electives: Any 400 Level Course will work here including Chaplaincy, Spiritual Care, Spiritual Direction, Clinical Pastoral Psychotherapy or Thanatology)

<b>OPTION A</b>	w/ 0 Units of CPE from GACS	<b>72 C</b>	<b>TOTAL</b>	<b>\$16,200</b>
<b>OPTION B</b>	w/ 1 Unit of CPE from GACS	<b>72 C</b>	<b>TOTAL</b>	<b>\$17,550</b>
<b>OPTION C</b>	w/ 2 Units of CPE from GACS	<b>72 C</b>	<b>TOTAL</b>	<b>\$18,750</b>
<b>OPTION D</b>	w/ 3 Units of CPE from GACS	<b>72 C</b>	<b>TOTAL</b>	<b>\$19,950</b>
<b>OPTION E</b>	w/ 4 Units of CPE from GACS	<b>72 C</b>	<b>TOTAL</b>	<b>\$21,150</b>



## The Spiritually Integrated Psychotherapist

### COURSE DESCRIPTIONS

**CP421**      **Human Spirituality and Development**      **3 credits**

*(No prerequisite required)*

**Description:** This course reviews major streams of theory in developmental psychology and discusses the biological, neurological, spiritual, and physiological factors that affect human development, functioning, and behavior. Ethical and culturally relevant strategies for promoting resilience and wellness across the lifespan will be discussed.

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**CP422**      **Spiritual and Pastoral Counseling for Individuals**      **3 credits**

*(No prerequisite required)*

**Description:** This course explores the basic dynamics of interpersonal relationships and the characteristics and behaviors that influence the counseling process. Students will learn to employ essential interviewing, counseling, and case conceptualization skills.

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**CP423**      **Premarital and Family Counseling  
from a Spiritual Perspective**      **3 credits**

*(No prerequisite required)*

**Description:** This course identifies common marital and family dynamics. Attention is placed on the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others. Students learn strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination.

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**CP424**      **Spiritual Small Group Ministries**      **3 credits**

*(No prerequisite required)*

**Description:** This course reviews the stages of group growth development, group dynamics associated with group processes, and explores therapeutic factors and how they contribute to group effectiveness. Other topics include, group formation, recruiting, screening, and selecting members, and other considerations that affect conducting groups in varied settings.

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## The Spiritually Integrated Psychotherapist

### COURSE DESCRIPTIONS - CONTINUED

**CP425**      **Spiritual Assessment and Evaluation**      **3 credits**

*(No prerequisite required)*

**Description:** This course explains the historical perspectives concerning the nature and meaning of therapeutic and spiritual assessment, explores methods of effectively preparing for and conducting initial assessment meetings. Appropriate diagnostic criteria as a guide for individual intervention is also covered.

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**CP426**      **Spirituality and Mental Illness**      **3 credits**

*(No prerequisite required)*

**Description:** This course describes the major categories of psychopathology and identify common differentiating features of abnormal psychological functioning.

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**CP427**      **Spiritual Competencies in Practice:  
Research & Evaluation**      **3 credits**

*(No prerequisite required)*

**Description:** This course prepares the student to do and to evaluate social science research using a variety of research methods. The course material encompasses both quantitative and qualitative methods in the discussion of the basic components of the research process: conceptualization and measurement, sample selection, and causal modeling. It also discusses theories of program development and models and strategies for assessing factors that contribute to career development.

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**CP428**      **Spirituality and Care Ethics**      **3 credits**

*(No prerequisite required)*

**Description:** This course reviews the ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional pastoral counseling.

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## The Spiritually Integrated Psychotherapist

### COURSE DESCRIPTIONS - CONTINUED

<b>ELECT1</b>	Elective ONE	<b>3 credits</b>
<b>ELECT2</b>	Elective TWO	<b>3 credits</b>

**Description:** **Electives**

Any 400 Level Course will work here including Chaplaincy, Spiritual Care, Spiritual Direction, Clinical Pastoral Psychotherapy or Thanatology. Those who are taking electives are subject to what is available each particular Term / Semester. If there is a particular one that you are excited to take, please discuss this with your Academic Advisor.

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<b>DD422</b>	<b>Doctoral Project and Dissertation Writing</b>	<b>3 credits</b>
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**Description:** This course serves as an introductory course in the dissertation writing process. This course deals with both the theoretical and practical aspects of designing dissertation research and with writing the proposal and dissertation. The core objective of this course is to provide guidance and motivation to the doctoral student so that the methodology and the entire prospectus will be approved by the student's dissertation committee. This course also provides students with the opportunity to interact with colleagues who are engaged in the same process.

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<b>CDP444</b>	<b>Capstone Dissertation Paper</b>	<b>15 credits</b>
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**Description:** SCA UTS doctoral programs consist of three primary components: the coursework, the experiential education, and the dissertation. The student completes coursework to develop and hone critical thinking skills, writing skills, and knowledge. The units of CPE act as the internship putting skills and theories learned into praxis and practical application. The purpose of the coursework is to prepare the student to become a doctoral candidate. The doctoral dissertation is the final academic requirement for the doctoral program and is designed to evaluate the candidate's capabilities as a scholar.







## The Spiritually Integrated Psychotherapist

### COURSE DESCRIPTIONS - CONTINUED

<b>CPE521</b>	<b>Clinical Pastoral Education</b>	<b>Unit #1</b>	<b>6 credits</b>
<b>CPE522</b>	<b>Clinical Pastoral Education</b>	<b>Unit #2</b>	<b>6 credits</b>
<b>CPE523</b>	<b>Clinical Pastoral Education</b>	<b>Unit #3</b>	<b>6 credits</b>
<b>CPE524</b>	<b>Clinical Pastoral Education</b>	<b>Unit #4</b>	<b>6 credits</b>

**Description:** SCA CAPSTONE utilizes the Graduate Academy of CPE Supervision (GACS) for teaching Clinical Pastoral Education (CPE). CPE is the experiential component of the Doctoral programs. GACS offers updated, current, contemporary Clinical Pastoral Education and Training. CPE centers in the past have traditionally created dividing lines similar to the silos offered in the medical care industry. CPE cognate groups have fallen victim to the same type of one-upmanship as has befallen many of our religious groups and denominational subtleties today. GACS utilizes all of the major areas such as pastoral psychotherapy, spirituality, skills, formation, interfaith, and multifaith perspectives in it's search for the best way that a chaplain or spiritual care provider can offer healing to those in need and in pain. Utilizing a bio-psycho-socio-spiritual perspective the helping professional can draw from many resources in order to assist someone in their spiritual journey. GACS takes CPE back to the days of Boisen and Cabot, yet stays relevant with today's highly competitive market of quality indicators, best practices, and interfaith chaplaincy and spiritual care.

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## The Spiritually Integrated Psychotherapist

### FIND MORE INFORMATION

For additional questions please contact our office at (253)442-6850 or email us at [info@CAPSTONEuniversity.org](mailto:info@CAPSTONEuniversity.org)

### Developing the Next Generation of CPE Supervisors & Spiritual Care Professionals

#### CAPSTONE FAST FACT – Degrees. Units. Programs

**CAPSTONE University** provides education for professional learners at every level:

**Doctoral Programs:** Five doctoral degrees designed for the working professional wanting to capitalize on their helping skill-set.

**Master’s Programs:** Five masters degrees designed for the student wanting to focus their learning in a specific helping field.

**Executive Diploma Programs:** Fourteen executive diplomas furthering the education of experienced professionals that aim to polish and refine their skill-set in the helping industries.

**Professional Specialty Certificate Programs:** Eleven online certificate programs to help you become a specialist in an essential specific area within the professional helping industry.

**Clinical Pastoral Education Units:** Provided by the **Graduate Academy of CPE Supervision**.

**CPE Supervisor Education Fellow Units:** Developing future CPE Supervisors / Educators

#### Doctor of Theology Degrees

D.TH. in CPP	Doctor of Theology in	Clinical Pastoral Psychotherapy	(72 credits)	(\$21,150)
D.TH. in THAN	Doctor of Theology in	Thanatology	(69 credits)	(\$20,325)
D.TH. in SD	Doctor of Theology in	Spiritual Direction	(66 credits)	(\$19,500)
D.TH. in SC	Doctor of Theology in	Spiritual Care	(63 credits)	(\$18,675)
D.TH. in CH	Doctor of Theology in	Chaplaincy	(60 credits)	(\$17,850)

#### Master of Theology Degrees

M.DIV. in PM	Master of Divinity in	Pastoral Ministry	(45 credits)	(\$13,725)
M.TH. in SD	Master of Theology in	Spiritual Direction	(45 credits)	(\$13,725)
M.TH. in SC	Master of Theology in	Spiritual Care	(45 credits)	(\$13,725)
M.TH. in CH	Master of Theology in	Chaplaincy	(45 credits)	(\$13,725)
M.TH. in SCN	Master of Theology in	Spiritual Care Nursing	(45 credits)	(\$13,725)

